



High Protein, Weight loss shake
for Adults and Children 4 years and older





At a glance

- ✓ Supplement your daily diet
- ✓ As a meal replacement
- ✓ As a meal supplement
- ✓ 12 single servings per box

Ideal for:

- ✓ Busy people
- ✓ Breakfast , lunch or supper
- ✓ Breast feeding mums
- ✓ Sport people as a supplement
- ✓ Travellers
- ✓ Children 4 years and older that are overweight
- ✓ Skipping meals
- ✓ Diabetics

Features:

- ✓ Engineered to make you feel satisfied and to lose weight
- ✓ High in Protein
- ✓ No added sugar
- ✓ Source of vitamins and minerals
- ✓ Preservative free
- ✓ Contains 27 essential vitamins and minerals
- ✓ Quick and easy to prepare – just add water
- ✓ Variety of delicious tasting flavours
- ✓ Ideal weight loss 1,5kg per week



ENERGYTM
SUPPLEMENTS

QUALITY GUARANTEED

TYPICAL NUTRITIONAL	Per	Per 40 g	Per %
Energy (kJ)	1750	700.0	*
Energy (kCal)	418.6	167.5	*
Protein (g)	49.0	19.6	*
Glycaemic carbohydrate (g)	27.4	10.9	*
of which total sugar (g)	13.6	5.4	*
Total fat (g)	11.1	4.4	*
of which Saturated fat (g)	5.1	2.0	*
of which Trans fat (g)	0.0	0.0	*
of which Monounsaturated fat	4.6	1.8	*
of which Polyunsaturated fat (g)	1.4	0.6	*
Total Fibre # (g)	6	2	*
Total Sodium (mg)	<100	<40	*
Vitamin A (µg)	563.4	225.4	25
Vitamin B1 (mg)	0.8	0.3	25
Vitamin B2 (mg)	0.8	0.3	25
Vitamin B6 (mg)	1.1	0.4	25
Vitamin B12 (µg)	1.5	0.6	25
Vitamin C (mg)	62.6	25	25
Vitamin D (µg)	9.4	3.8	25
Vitamin E (mg)	9.4	3.8	25
Vitamin K (µg)	75.1	30.0	25
Biotin (µg)	18.8	7.5	25
Choline (mg)	344.3	137.7	25
Folic acid (µg)	250.4	100.2	25
Niacin (mg)	10	4	25
Pantothenic acid (mg)	3.1	1.3	25
Calcium (mg)	813.8	325.5	25
Chromium (µg)	21.9	8.8	25
Copper (mg)	0.6	0.2	25
Iodine (µg)	93.9	37.6	25
Iron (mg)	11.3	4.5	25
Magnesium (mg)	262.9	105.2	25
Manganese (mg)	1.4	0.6	25
Molybdenum (µg)	28.2	11.3	25
Phosphorus (mg)	782.5	313.0	25
Potassium (mg)	1878.0	750.0	25
Selenium (µg)	34.4	13.8	25
Zinc (mg)	6.9	2.8	25
# Dietary fibre method of			
* As per individual requirement			

Ingredients:

Soy protein isolate, Skimmed milk, Whey protein, Soy protein blend (Soy protein blend, Palm oil, Corn syrup solids), Dextrose, Fructo - oligosaccharides, (pre-biotic and insoluble fibre), Anticaking agent, Vanilla flavour, Vitamins: (Retinyl palmitate, Thiamin mononitrate, Riboflavin, Pyridoxine Hydrochloride, Cyanocobalamin, Ascorbic acid, Cholecalciferol, Tocopherol, Phylloquinone, D-Biotin, Choline Hydroxide, Folic acid, Nicotinamide, Calcium-L-methyl-folate, Niacinamide, Pantothenic Acid) and Minerals: (Calcium D phosphate dibasic, Chromium Chloride, Copper Gluconate, , Potassium Iodate, Ferrous Fumarate, Magnesium Oxide, Manganese sulfate, Sodium Molybdate, Potassium phosphate dibasic, Sodium selenite, Zinc Gluconate)

Quality Standards:

- FSSC 22000:2010 "Food Safety System Certification - Requirement for all food manufactures (which is a combination of ISO 22000:2005 (Food Safety Management Systems requirements) and OASS220: 2008 (pre-requisite program on food safety for food manufacturing)
- CAC/GL 21-1997 Principles for the establishment and application of Microbiological criteria for Foods
- CAC/G 63-2007 Principles and Guidelines for the conduct of Microbiological Risk Management
- CAC/ RCP 49:2001 Code of Practice for source directed measures to reduce contamination of food with chemicals
- Codex STAN 228-2001 General methods of Analysis for Contaminants
- Codex STAN193-1995 Codex general Standard for contaminants and toxins in Food and Feed
- Codex STAN 229-1993: REV 1- 2003: Analysis of pesticides Residues: Recommended methods
- Codes STAN 200-1995, STA 207-1999, STAN 212- 1999 All raw materials are food grade in compliance with general recommendations of Codex Alimentarius
- All packaging materials complies with ISO 22000:2005 standards